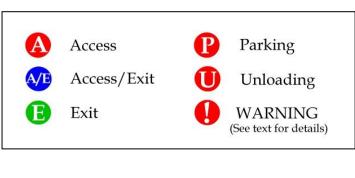
Marteg to Newbridge, October 2012 onwards.

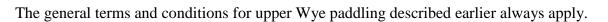
Map symbols:



Reach Length: 12.4 miles

Terms and Conditions: Canoeing can take place only when the water height is above <u>0.8m on the EAW</u> gauge at Dhol Farm <u>AND AT NO</u> <u>OTHER TIMES.</u>

Please note that this height restriction applies all year round, not just to the 16th March to 17th October period as with the Newbridge to Glasbury reaches.



Marteg Access/Exit Point

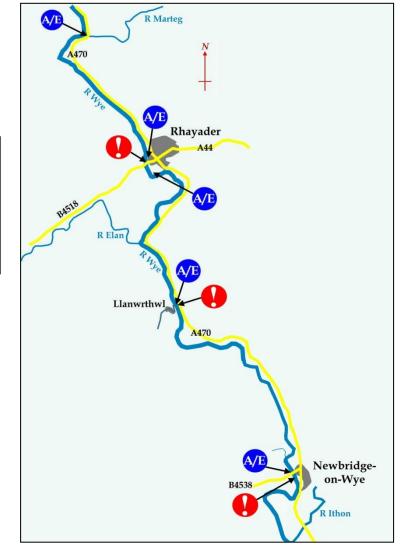
Directions:

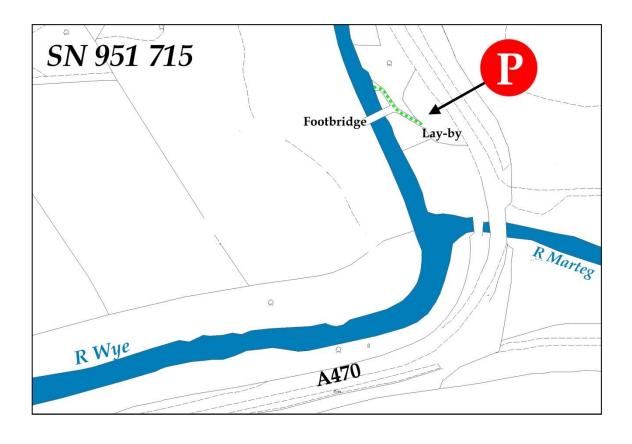
From Builth take the A470 north, passing through Rhayader and on towards Llangurig. Just under 3 miles outside Rhayader the road curves to the right, then sharply to the left as it crosses the Marteg stream. Just past the Marteg is a large open lay-by, which is the parking area.

Accessing the water:

Follow the footpath at the back of the lay-by down to a small bridge crossing the river. Instead of crossing the footbridge continue walking upstream for another 20 yards to where the path drops down the water's edge and access the river here.

PLEASE BE AWARE THAT THIS IS A WILDLIFE RESERVE SO KEEP NOISE AND DISTURBANCE TO A MINIMUM. DO NOT CROSS THE BRIDGE WITH CANOES.



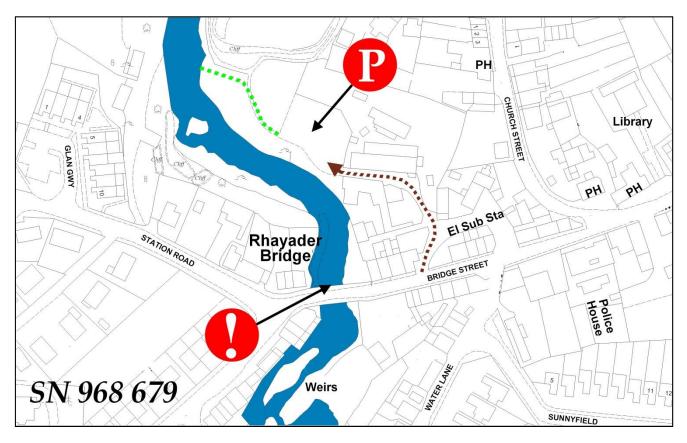


Rhayader Access/Exit Point (1)

This exit point is for those who wish to avoid the grade IV rapids at Rhayader Bridge (highlighted by the exclamation mark on the map below), which can be a serious challenge to all but the most experienced paddler, especially in high water.

Directions:

From the centre of Rhayader (monument) take the B4518 (Bridge Street) in a westerly direction towards Elan Valley. After approximately 220 yards take a right turn (last before Rhayader Bridge). Follow the lane down to a small public car park (free). From there access the river via the footpath.

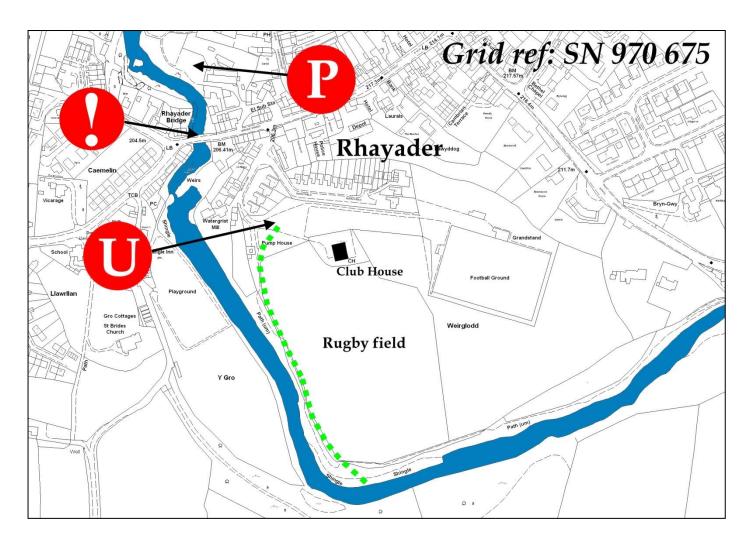


PLEASE RESPECT LOCAL RESIDENTS' PEACE AND PRIVACY BY KEEPING NOISE TO A MINIMUM AND BY AVOIDING GETTING CHANGED IN VIEW OF NEARBY HOUSES.

Rhayader Access/Exit Point (2)

Directions:

From the centre of Rhayader (monument) take the B4518 (Bridge Street) in a westerly direction towards Elan Valley. After approximately 200 yards turn left into Water Lane following the signs to the rugby club.



Unloading & accessing the water:

Unload in the car park without obstructing anyone trying to get to the clubhouse. Carry canoes down the footpath between the rugby pitches and the river to the gravel bank at the end of the fields, accessing the river here. DO NOT <u>UNDER ANY CIRCUMSTANCES</u> CROSS THE RUGBY PITCHES IN VEHICLES OR ON FOOT.

Please be aware that this is a private car park for the rugby club only. For long term parking please use the car parks in Rhayader (2 of which are free, the other cheap).

Llanwrthwl Access/Exit Point

Directions from Rhayader:

From Rhayader take the A470 south towards Builth. Proceed for a further 3.2 miles until you reach a right

turn to Llanwrthwl. Access to the river is over a metal gate on your left from the main road side of the bridge.

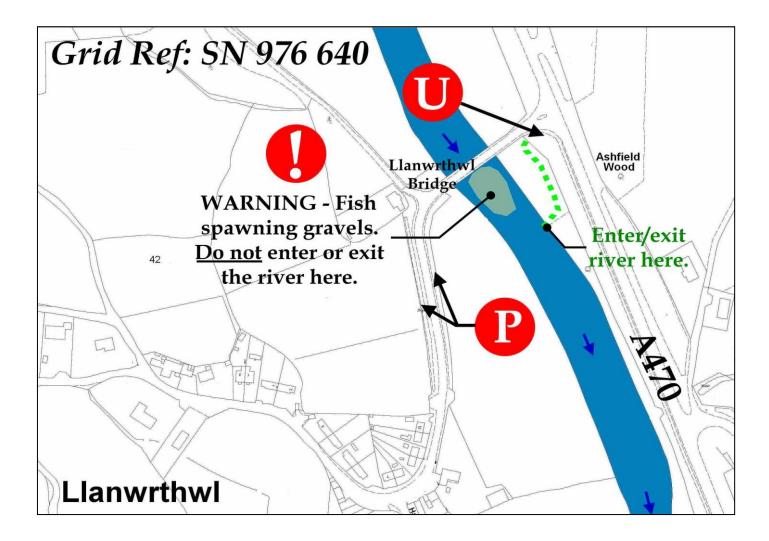
WARNING !!!!!

Exiting the water:

Paddle under the bridge and exit the water 60 yards further downstream on the left bank next to the large tree. DO NOT EXIT THE WATER IMMEDIATELY BELOW THE BRIDGE – THE GRAVELS THERE ARE AN IMPORTANT FISH SPAWNING AREA AT VARIOUS TIMES OF THE YEAR, ESPECIALLY FOR SALMON DURING THE WINTER AND GRAYLING IN APRIL. Once you have exited the water, walk back up to the bridge using the metal gate to access the road.

Loading & Parking:

Vehicles and trailers can be quickly loaded on the verge in front of the gate. If you require longer term parking, drive over the bridge and park along the road before you reach the village. Do not block this road and keep noise and disturbance to an absolute minimum. **DO NOT PARK ANYWHERE ALONG THE A470, INCLUDING ON THE VERGES BETWEEN THE MAIN ROAD AND THE BRIDGE, OR IN THE NEARBY BUS STOP.** This is a very fast section of 'A' road, parking on or near which would be a hazard to you and to other traffic. Also, please do not park in the Village Hall car park as was previously arranged.



<u>Newbridge Exit</u>

Directions:

From Builth Wells take the A470 north towards Rhayader. On the other side of Newbridge on Wye, take the left turn onto the B4358 to Beulah. Access to the river is from the right bank on the downstream side of the bridge.

Loading/unloading and parking:

Load/unload in the car park on your right immediately after crossing the bridge. This car park is used by others so please use the lay-by opposite for long-term parking or in Newbridge itself.

Accessing/exiting the water:

ter: NEW INSTRUCTIONS!!!!

Use the stile and path at the end of the car park down to the water's edge on the upstream side of the bridge. Do not, under any circumstances, launch or exit from the downstream side of the bridge.

WARNING!!!!

Immediately downstream of the bridge on the right hand side is an important spawning area, especially for salmon in the winter and for grayling in April. Therefore please keep to the <u>left-hand side of the river when paddling below the bridge.</u> **YOU MUST ENSURE THAT YOU DO NOT DISTURB THE GRAVELS** <u>WITH PADDLES OR BY TREADING ON THE RIVERBED</u>. If you do you will be damaging the eggs and, in the case of salmon, will be committing an offence under the Salmon and Freshwater Fisheries Act.

